



# Adult Shoulder Positioning System

*TogRite Strapping  
Now Included!*



*Shown with TankTop – shoulder strap is “feathered” to grip humeral head*

The **Adult Shoulder Positioning System** is designed for application to a single shoulder, and is designed to support the clinical objectives of managing or correcting various postural, scapular, and shoulder mal-alignments while leaving the elbow and forearm unconfined.

The TankTop provides a stable, Velcro®-sensitive surface area to attach strapping selected by the clinician to address scapular hypermobility, shoulder protraction, and moderate shoulder subluxation.



*Shown with Torso Strap*

The long Torso Strap provides an alternative anchor for strapping applications when the TankTop is not needed.

## Indications and Objectives

INDICATIONS	THERATOGS OBJECTIVES
Shoulder pain due to chronic mal-alignments, impingement, rotator cuff injury, or fracture	Elevate the humerus while allowing elbow movement
Shoulder subluxation – mild to moderate	Improve shoulder joint stability and comfort
Brachial Plexus injury (BPI)	Improve functional joint alignment Assist injured musculature Reduce associated flexible thoracic kyphosis
Shoulder dislocation, pre-operative or post-operative	Improve scapular stability and shoulder alignment, and reduce excessive compensatory trunk deviations

## Optional Pelvic Anchor

If the TankTop requires stable anchor points at the waist for maximum effectiveness as a base for attaching strapping, you may purchase a Pelvic Anchor - a “lite” version of the TheraTogs Hipster.

For the torso with a larger waist than rib cage circumference, the Pelvic Anchor provides just enough stable Velcro©-sensitive “real estate” to secure the TankTop against riding up, with easy self-donning for those who are able.



*Pelvic Anchor open*



*Pelvic Anchor closed*

## Contents

(Contents may vary slightly by model size.)

- 1 TheraTogs TankTop
- 2 Rotation/Stretch Straps
- 1 extra-long Torso Strap
- 1 Limb Cuff
- 3 Split Straps
- 1 sheet of Double-Gripper Velcro
- Closure and attachment tabs
- Marking dots and User Guide

## Shoulder Positioning System Sizes

SKU	DESCRIPTION	SKU	DESCRIPTION
#403	Petite Adult: 65-110 lbs	#703	Small Adult Male: 110-145 lbs
#603	Small Adult: 110-140 lbs	#713	Medium Adult Male: 145-170 lbs
#613	Med Adult Female: 140-170 lbs	#723	Large Adult Male: 170-190 lbs
#623	Large Adult Female: 170-200 lbs	#733	X-Large Adult: 190-240 lbs

## How to Order

- ❑ In the USA, TheraTogs may be ordered through your local or regional orthotist or DME network, particularly if reimbursement is a requirement. See the TheraTogs website ([www.theratogs.com](http://www.theratogs.com)) for a list of Providers in your area.
- ❑ TheraTogs are carried by leading distributors in the physical rehabilitation field all over the globe:

### In the USA:

- Sammons, Preston, Rolyan (Patterson Medical)
- School Specialty / Abilitations
- Southpaw Enterprises
- Flaghouse
- TherAdapt

### Outside the USA:

- Australia: **ETS Australia** - Brisbane
- Egypt: **AGYAL CP Rehab** - Alexandria
- Ireland/UK: **Rehab Logistics** - Dublin
- Israel: **Yaad Advanced Orthopedics** - Tel Aviv
- Italy: **GOS Italia** - Verona
- Spain: **ATM Cefar** - Barcelona

- ❑ US participants in the TheraTogs Research Partner Program may also obtain the Shoulder Positioning System directly from the company; contact Customer Service at 888-634-0495 or [info@theratogs.com](mailto:info@theratogs.com).

## About TheraTogs

TheraTogs provide a foam-lined, Latex<sup>®</sup>-free, breathable, comfortable, Velcro<sup>®</sup>-sensitive “external skin” for clinicians engaged in sensorimotor training of clients with developmental disabilities and selected orthopedic malalignments, and for clients in rehabilitation following brain injury, stroke, orthopedic surgery, or neurosurgery.

TheraTogs are made of a patented, hand-washable composite fabric consisting of nylon and spandex, with a foam backing made of an aqueous-based elastomeric urethane. TheraTogs™ are Class I medical devices intended to be issued by, and applied under the supervision of, a licensed healthcare practitioner.

**TheraTogs are U.S. and foreign patent pending.**