

Sizing TogRite Stretch Strapping



We've tested TogRite strapping extensibility to give you some help in cutting the lengths you need for your client:

1. Measure the body segment or span of distance that you intend to strap, to determine your target functional length.
2. Determine whether you want to use 2" or 3" TogRite strapping.
3. Decide whether you want to apply the strap under *moderate* or *maximum* tension.
4. Consult the row of the sizing chart below that corresponds to the functional length measurement.
5. Cut your strap to the length indicated, and apply tabs of the same width as the strap.

| U.S. Measurements | Cut your TogRite Strapping to these lengths for use at your chosen tension. (Tabs will add 2 inches more length to the functional length.) | | | |
|-------------------------------|--|--------------------------------------|---------------------------------------|--------------------------------------|
| | 2" WIDE | | 3" WIDE | |
| FOR A FUNCTIONAL LENGTH OF... | FOR MODERATE TENSION, CUT STRAP TO... | FOR MAXIMUM TENSION, CUT STRAP TO... | FOR MODERATE TENSION, CUT STRAP TO... | FOR MAXIMUM TENSION, CUT STRAP TO... |
| 8" | 7" | 7" | | |
| 10" | 8.5" | 8" | | |
| 12" | 10" | 9" | | |
| 15" | 12" | 11" | 12" | 10" |
| 18" | 15" | 12" | 14" | 12" |
| 20" | 17" | 14" | 16" | 13" |
| 24" | 19" | 16" | 18.5" | 16" |
| 30" | 25" | 20" | 24" | 19" |
| 36" | 30" | 24" | 30" | 23" |
| 40" | 32" | 27" | 32" | 26" |
| 45" | 36" | 28" | 34" | 30" |
| 50" | | 33" | 36" | 32.5" |
| 54" | | 36" | | 34" |

| Metric Measurements | Cut your TogRite Strapping to these lengths for use at your chosen tension. (Tabs will add 5 cm more length to the functional length.) | | | |
|-------------------------------|--|--------------------------------------|---------------------------------------|--------------------------------------|
| | 5 CM (2") WIDE | | 7.6 CM (3") WIDE | |
| FOR A FUNCTIONAL LENGTH OF... | FOR MODERATE TENSION, CUT STRAP TO... | FOR MAXIMUM TENSION, CUT STRAP TO... | FOR MODERATE TENSION, CUT STRAP TO... | FOR MAXIMUM TENSION, CUT STRAP TO... |
| 20.3 cm | 18 cm | 18 cm | | |
| 25.4 cm | 21.6 cm | 20.3 cm | | |
| 30.5 cm | 25.4 cm | 23 cm | | |
| 38 cm | 30.5 cm | 28 cm | 30.5 cm | 25.4 cm |
| 45.7 cm | 38 cm | 30.5 cm | 35.6 cm | 30.5 cm |
| 51 cm | 44 cm | 35.6 cm | 40.6 cm | 33 cm |
| 61 cm | 48.3 cm | 40.6 cm | 47 cm | 40.6 cm |
| 76 cm | 63.5 cm | 51 cm | 61 cm | 48.3 cm |
| 91.4 cm | 76 cm | 61 cm | 76 cm | 58.4 cm |
| 101.6 cm | 81.3 cm | 68.6 cm | 81.3 cm | 66 cm |
| 114.3 cm | 91.4 cm | 71 cm | 86.4 cm | 76 cm |
| 127 cm | | 84 cm | 91.4 cm | 83 cm |
| 137 cm | | 91.4 cm | | 86.4 cm |