



PUTTING YOUR CLINICAL SIZING KIT TO WORK

Thanks for purchasing your new TheraTogs Clinical Sizing Kit!

We're confident that your Sizing Kit will help you integrate TheraTogs quickly and effectively into your clinical practice. Let's get started!

SETTING UP YOUR SIZING KIT

Here's what your Sizing Kit box contains:

- Three primary garments sets: one TankTop and one Hipster in each of three sizes. (The Adult Sizing Kit comes with four TankTops.)
- One package containing straps, tabs, and accessories.
- Strap & Tab Parts Organizer panel
- Documentation and DVD's

What to Do First:

1. Remove the inside packages and verify your system components are all included.
2. Unpack the vinyl Parts Organizer panel and hang it on a door, cubicle panel, or other surface. (It looks like a shoe bag – that's where we got the idea!)
3. The self-adhesive loop is intended to let you hang up commonly-used straps for easy access. When you know where the Sizing Kit will be placed, cut the self-adhesive loop to proper lengths, peel the backing and stick the loop on the wall, door frame, panel or on the Organizer itself – whatever's most appropriate for your installation.
4. Set aside the sheet of labels we provided, for the time being – it's best to use the Organizer a few times and then attach the labels after you determine what configuration works best for you.

USE YOUR SIZING KIT TO:

- Evaluate and trial TheraTogs applications for each patient
- Demonstrate TheraTogs effectiveness for caregivers – and videotape or photograph results for reimbursement payors!
- Demonstrate garment fitting and strapping applications to caregivers – increasing compliance and proper application.
- Confirm correct TheraTogs sizing and model numbers before ordering.

GUIDELINES FOR USING YOUR SIZING KIT

- **Share the benefits!** Your Sizing Kit is most effective if *all* your fellow clinicians can see it and access it. (Don't worry if straps, tabs, etc. get used over time – all components can be re-ordered as needed.)
- The Sizing Kit's garments are intended to be worn *over clothing*, not distributed to individual patients for personal wear.
- Suggested sequence of storing components in the Organizer pockets, from top to bottom rows (your preferences may vary):
 - § Split Straps & Limb Cuffs
 - § Garment and Split Strap Tabs
 - § Straight/Stretch Straps
 - § Stretch Strap and Other Tabs
 - § Other accessories (User Guides, scissors, Sharpie pens, etc.)
- When you're confident about the arrangement of straps, tabs, and other components in your Organizer, peel-and-stick the appropriate labels on the outside of each pocket.
- Garment pieces are labeled (on the foam side) with their specific model number, to assist with sizing.
- Remove or place Tabs such that they are not wrapped in a curved, folded, or bent position – or else over time, they will become brittle and hard to use.

GUIDELINES FOR TAKING CARE OF YOUR SIZING KIT

- After significant periods of wear – or the inevitable “oops event” – you should wash and air-dry the garment components and strapping, using the Product Care Guidelines provided in the documentation.
- If you leave Tabs attached to the garments or straps for ease of access, place the Tabs so their hook side is completely covered by fabric, with no exposed hook surface that can catch on other fabric. (We call this “burying” the Tabs.) Avoid playing the Velcro Snag game!
- Keep the Tabs on the garments and always hang the garments on hangers **without clips**. Hanger clips will dent the foam layer, and over time these dents will become permanent.
- TankTop: Secure the front panel to the back with the Shoulder Tabs, and hang foam side up on a suitable clothes hanger.
- Hipster/Pelvic Anchor: Drape foam side up on a suitable clothes hanger.
- Split Straps: Remove Tabs and fold in half (or fourths) before storing in appropriate Organizer pockets.
- Stretch Straps: Roll up (without Tabs) and store in appropriate pockets.
- Keep Tabs in their plastic “baggies” if not used frequently – even inside the Organizer pockets.

For Best Care of Garments, DO NOT:

- Do not fold the garments with the foam sides touching each other.
- Do not store or hang close to heaters or heating devices.